

PERSONAL EQUIPMENT AND CLOTHES

The list below is suggested as a basic list. Note that Scouts **MUST** bring two separate packs, a daypack to carry on the hike, and one bag with overnight equipment that will be driven to the Campsite.

1. All items should be labeled with the Scout's name.
2. Clothes should be packed inside plastic bags within the backpack (or other bag).
3. At this time of year, it may well be cold, so please ensure that warm clothing is provided. Bring plenty of warm, loose-fitting clothes. Several thin layers are better than one thick one.
4. **Base layer:** A long-sleeved base layer, 100% man-made fibre is recommended. Usually 100% polyester: less than 10 pounds from sports or camping supplier.
5. **FOOTWEAR:** Paths may be muddy, so hiking boots are strongly recommended, if available. Otherwise footwear must be suitable **AND COMFORTABLE** for a mixture of footpaths. Scouts must bring (in main, overnight pack) a second pair of footwear for indoors and return.
6. Penknives are **NOT** needed and should not be brought.
7. Please ensure your son or daughter knows what is in the bags.
8. A tracksuit makes good nightwear at camp (but should be extra to other clothes).
9. Radios, other electric music makers and electronic devices are easily damaged and are not allowed.
10. **Reflective jacket:** The Troop has some jackets for those without their own. I need to know the previous Friday, who has **NOT** got one.
11. Make sure that the **drinking water bottle** is watertight: this must not depend on being vertical, or on being inside a plastic bag.

HIKEOVER KIT CHECKLIST

Refer to list and notes in the Hikeover Letter

Items marked “if available” are optional

| ALL THIS COLUMN IN MAIN PACK AND TAKEN DIRECT TO BRAID WOOD | | | |
|---|--|--|--|
| PACK | Framed backpack or other bag | | |
| | Plastic carrier bags (coloured) | | |
| NIGHT | Sleeping bag | | |
| | Blanket | | |
| | Camping mat | | |
| | Small pillow (optional) | | |
| | Nightwear | | |
| | Reading book (optional) | | |
| | | | |
| EAT | Knife, fork, spoon (unbreakable) | | |
| | Plate, bowl, Mug (Unbreakable) | | |
| | All in bag | | |
| OTHER | Wash kit in bag | | |
| | Towel | | |
| | Trainers | | |
| | Complete spare set of clothes | | |
| | 2 Plastic bags for dirty boots and clothes | | |
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| ALL NEEDED FOR HIKE | | | |
|-----------------------------------|--|--|--|
| WEAR TO EVENT AND PACK BEFOREHAND | | | |
| PACK FOR HIKE (PACK BEFOREHAND) | Day pack (unframed) | | |
| | Cagoul / waterproof jacket | | |
| | Waterproof overtrousers (if available) | | |
| | Warm long-sleeved sweater | | |
| | Warm Gloves | | |
| | Drinking water bottle with drink | | |
| | Munchies | | |
| | Torch | | |
| | Spare batteries | | |
| | Medications needed on hike | | |
| | Personal first aid kit (if available) | | |
| | OS Explorer map 181 (if available) | | |
| | Map case (if available) | | |
| | Silva-type compass (if available) | | |
| | Handkerchief / tissues | | |
| | | | |
| WEAR ON HIKE (WEAR TO EVENT) | Wear hike clothes (no uniform) | | |
| | Hiking boots (if not, suitable footwear) | | |
| | Hiking socks (if available) | | |
| | Underwear | | |
| | Base layer: 100% man-made fibre, long-sleeved recommended. Or vest/t-shirt | | |
| | Long-sleeved shirt | | |
| | Warm sweater | | |
| | Long trousers (not denim jeans) | | |
| | Windproof jacket/coat (or waterproof jacket and an extra warm top) | | |
| | Fluorescent vest (if available) | | |
| | Warm hat | | |
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